



WELCOME TO THE NOVEMBER 2015 ISSUE

Update: Cigna's Behavioral Health Screening Program

Screening services for depression and problematic alcohol conditions are part of the suite of routine services for individuals with Cigna benefits who present for case management and coaching services. Encourage the patients you serve to take advantage of these benefits that support wellness, as well as engagement and compliance in treatment.

[Learn more](#)

The value of in-network referrals

With health care costs continuing to rise, it's more important than ever to be conscious of how much your patients are paying for the care they receive. As a health care professional in our network, you have the ability to improve the quality and financial value of the services your Cigna patients receive – directly through the care you provide and the referral choices you make. [Learn more](#)

Season of gratitude: Thank you for your continued commitment

On behalf of our Provider Relations team, we want to thank you for your continued participation and commitment to providing care to Cigna customers. As the health care industry continues to rapidly change, we want to acknowledge the hard work and passion that you demonstrate on a daily basis, even when faced with administrative changes and challenges.

[Learn more](#)

NEWS YOU CAN USE

Help increase referrals with telehealth

Health disparities: LGBT population

Keep us posted so we can keep you informed

Contact Us

Do you need to contact Cigna Behavioral Health?

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