

Medical Coverage Policy Updates

For Health Care Professionals

February 2015

Policy name	Specialty types affected	Description of service	Updates effective February 16, 2015
Autonomic Nervous System Testing	<ul style="list-style-type: none"> • Cardiologists • Internists • Neurologists • Pediatricians 	<p>The Autonomic Nervous System is the part of the nervous system that controls involuntary functions of the body.</p> <p>Autonomic nervous system testing is performed on individuals with specific signs and symptoms to help diagnose and manage autonomic nervous system dysfunction.</p>	<p>CPT® codes 95921, 95922, 95923, 95924, and 95943 will be covered for specific diagnosis codes listed as medically necessary and denied as experimental, investigational, or unproven (EIU) for all other diagnosis codes.</p>
Mechanical Devices for the Treatment of Back Pain	<ul style="list-style-type: none"> • Chiropractors • Orthopedists 	<p>A gravity-assisted spinal unloading traction system is a non-invasive device designed to support upper body weight and transfer that weight to the hips.</p> <p>It is used as a home treatment for individuals with low back pain. Devices include the LTX3000™ and Posture Pump Elliptical Back Rocker.</p>	<p>HCPCS DME code E0941 will be denied as always EIU for all customers.</p>
Allergy Testing and Non-Pharmacologic Treatment*	<ul style="list-style-type: none"> • Allergists / Immunologists • Family Practice Physicians • Internists • Otolaryngologists • Pediatricians 	<p>Allergy Testing includes the preparation of the antigens (or allergens) that compromise the allergen serum. Cigna currently allows for unlimited units of antigen preparation.</p> <p>Allergy Immunotherapy involves giving gradually increasing doses of the substance, or allergen, to which the person is allergic. The incremental increases of the allergen desensitizes the person to the substance which reduces the symptoms of allergy when the substance is encountered in the future</p>	<p>Cigna will apply maximum daily/yearly antigen preparation limits of >84 units/day and 120 units/year to CPT code 95165.</p> <p>Units billed in excess of >84 units/day and >120 units/year will deny as not medically necessary. Medical necessity appeal rights will be provided.</p>



* The Allergen Immunotherapy coverage policy will have an effective date of March 16, 2015 for health care professionals in Texas. "Cigna" and the "Tree of Life" logo are registered service marks of Cigna Intellectual Property, Inc., licensed for use by Cigna Corporation and its operating subsidiaries. All products and services are provided by or through such operating subsidiaries, including Connecticut General Life Insurance Company and Cigna Health and Life Insurance Company, and not by Cigna Corporation.